

Becoming a Humanistic Advisor

Building a Humanistic Advising Approach

This is the second in a series of worksheets designed to help academic advisors integrate humanistic advising principles into their practice. Each worksheet focuses on a key component of humanistic advising to enhance reflection and application. This worksheet helps advisors develop strategies to enhance their humanistic advising approach by focusing on student-centered practices, holistic development, and fostering a growth-focused environment.

Questions:

- How do you empower students to take ownership of their academic journey? What strategies do you use to encourage self-reflection in students?

- How do you address non-academic factors (e.g., mental health, family responsibilities, cultural background) that influence student success? What resources do you provide to support students holistically?

- How do you help students set meaningful academic and personal goals? What methods do you use to track student progress and development?

Final Reflection: Identify two new strategies you plan to implement in your advising practice.
